



Army Europe 10 Mile Qualifier  
Registration Form  
Saturday, 6 May, 2023

Check appropriate Run

10 Mile Race \_\_\_\_

Army Qualifier (Soldiers only) \_\_\_\_

**Registration Ends 3 May 2023**  
**Registration Fee \$20.00**

Bib No.: \_\_\_\_\_

First & Last Name: \_\_\_\_\_

AGE: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Gender: \_\_\_\_\_ Division (select from the drop down menu):

Team Name: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Email Address: \_\_\_\_\_

T-Shirt Size: \_\_\_\_\_

**Assumption of Risk and Release from Liability Agreement:**

I understand that participation in the Freedom Run is entirely voluntary and involves physical exertion and the risk of consequential injury. I realize that any sport activity involves some element of risk, which I agree to assume. I will conduct myself in a safe and prudent manner while participating in this event. Moreover, I am fully informed or otherwise aware of, and fully assume, all risks to person or property in connection with my participation in the Freedom Run (including, but not limited to damage and loss of property, bodily injuries, medical treatment and death). Parents are responsible for their children at all times.

**I HAVE READ AND UNDERSTAND THE ABOVE PROVISIONS AND AGREE TO THE TERMS FOR PARTICIPATION, AS INDICATED BY MY SIGNATURE BELOW.**

\_\_\_\_\_  
(Participant's Signature/Parent's Signature (for participants under 18 years old)

\_\_\_\_\_  
Date

Category: \_\_\_\_\_

**Photo Release Consent:**

I, \_\_\_\_\_, grant permission to release photographs of myself to the United States Army Garrison Wiesbaden FMWR Marketing Department and Public Affairs Office for their use in any media outlet under the control of USAG Wiesbaden, to include AFN. I understand that all photographs of me are taken for educational purposes, program promotion and community growth. I waive the right to inspect or approve the finished product. **I also understand that pictures of me will not be used in ways that are harmful or detrimental to United States Army or to any element of USAG Wiesbaden.**

\_\_\_\_\_  
Participant/Guardian Signature



### **Freedom Run Registration Information**

The 10 Mile run starts at 10 a.m. on May 6 and shall be open to the first 500 US ID holders. There will be no race day registration. Registration officially ends 3 May 2023. To enter, the following options are available.

\* Complete the entry form and submit it, in person, to the Wiesbaden Fitness Center front desk, located on Clay Kaserne open Monday – Friday, 5 a.m. – 8:30 p.m., Sat-Sun, 10 a.m. - 5 p.m. Applications shall be accepted through 3 May 2023.

Registration forms can also be emailed to: [usarmy.wiesbaden.id-europe.list.mwr-fitness-center@army.mil](mailto:usarmy.wiesbaden.id-europe.list.mwr-fitness-center@army.mil)

### **Run Categories**

Individual competition will be conducted in the following age categories for both Male and Female:

#### **MENS and WOMENS RUN CATEGORIES**

18-24 years of age  
25-29 years of age  
30-34 years of age  
35-39 years of age  
40-44 years of age  
45-49 years of age  
50-54 years of age  
55+ years of age  
Wounded Warriors

#### **YOUTH CATEGORY (Male and Female)**

16 -15 Years of Age

**Awards:** will be presented to the overall Champion for both Men and Women and the top three finishers in each age category. )

#### **Team Competition:**

Military Teams (Free) must have 5 active duty participants to be eligible for Commanders Cup Points, unit teams may be mixed with Men or Women, but all participants must be assigned to the participating units Organization's AAA-162 (unit manning roster or equivalent document). The average time of a team's last leg finisher will be used to determine the team's place of finish. Individual entry forms for each team member must be submitted together in one grouping with the AAA-162 roster to the Wiesbaden Fitness Center no later than noon on 3 May 2023. Team Competitors will not be eligible for age group awards.

#### **10 Mile Run**

Run Starts at 10:00 a.m. **REGISTRATION REQUIRED (see form above)**

#### **5K Run/Walk:**

Run Starts at 10:15 a.m. No Pre- Registrations for the 5K Run/Walk.

#### **Children's Run:**

Run Starts at 10:30 a.m., No Pre-Registrations for the Children's run needed.

#### **Race Packet Pickup**

Race packets, which include race number, Jaguar (computer timing chip), race instructions, and sponsor information, must be picked up at Wiesbaden Fitness Center, Bldg. 1631, Clay Kaserne, no later than 9:15 a.m., May 6, 2023.

#### **General Information**

Participants are to report to the Wiesbaden Fitness Center area by 9:30 a.m. Pre-race instructions will be given at 9:45 a.m. There will be 4 water points along the ten mile route.

#### **Volunteers**

Volunteers are used to assist with water points and finish area administration. All volunteers will receive commemorative T-shirt. If interested in volunteering, please call 548-9830.

