

November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Host Nation Orientation 0900-1600	3 Life Here 101 0900-1400	4 Breastfeeding Basics 1000-1100	5 Wealth Building and Planning for Retirement 0900-1100 Spouse Sponsorship Training 1500-1600	6 OPOC Training 1000-1100
9 Host Nation Orientation 0900-1600 Dad Talk 1800-1900	10	11 Veterans DAY	12 Civilian Sponsorship Training 1500-1600 Thankful Together 1500-1600	13 B.O.S.S. Limburg Walking Tour 0900-1600
16 Host Nation Orientation 0900-1600	17 Life Here 101 0900-1400	18 Shop Like A Local 0900-1600 Global Connections 1100-1300 Toddler Play Morning 1000-1100 Newborn Network 1300-1400	19 Family Time: Ready, Set, Play! 1300-1600 Unit Sponsorship Training 1500-1600	20 OPOC Training 1000-1100 Fair Play Equitable Parenting 1130-1245
23 Host Nation Orientation 0900-1600 Turkey Trot Stroller Walk 1000	24 Readiness & Resiliency Class 1100-1200 Wiesbaden Christmas Market Tour 0900-1600	25	26 Happy Thanksgiving	27
30 Host Nation Orientation 0900-1600				

EVENT HIGHLIGHTS

ALL CLASSES AND EVENTS REQUIRE PRE-REGISTRATION.

To register or for more information please call

Army Community Services (ACS)

CIV: 0611 143 548 9201/02 DSN: 314 548 9201/02

Mobilization & Deployment

MobDep services are impacted until November 2026 due to staffing. Please contact ACS to be connected with options for SFRG training and MobDep assistance.

Financial Readiness

Wealth Building and Planning for Retirement:

Learn about the types of saving and investing accounts, and important considerations for retirement planning, including military retirement plans, terminology, types of saving and investing accounts in terms of risk, liquidity, rate of return, and types of retirement accounts in terms of contribution limits, taxes, and withdrawals.

Army Volunteer Corps

OPOC Training:

New organization POC please make sure to contact us for training

EFMP

Thankful Together:

Come and have fun in a welcoming space as we play games and share the things we are thankful for this year.

Family Time: Ready, Set, Play:

An excellent opportunity for families to meet new community members, socialize, and play a fun variety of family board games.

Family Advocacy/New Parent Support

Toddler Play Morning:

Join us for music, free play, and partnering tips with guest speakers.

Breastfeeding Basics:

Learn more about the benefits of breastmilk and receive helpful tips to make your breastfeeding journey a positive experience! Speak with a Certified Lactation Counselor (CLC).

Newborn Network:

Come meet other new parents in a safe space for you and other infants to explore the world together.

Readiness & Resiliency Class:

Topic: Positive Parenting: Connection over Correction.

Learn practical tips and tools to build skills and confidence for every stage of your life. Areas include stress management, anger management, healthy communication, and positive parenting.

Confidential, and free to all DoW ID card holders

Turkey Trot Stroller Walk:

Decorate your stroller and dress your tiny trotters in their best fall outfits for a festive 2-mile stroll around Hainerberg.

Fair Play Equitable Parenting:

A class to help couples balance household responsibilities and share the mental load.

Dad Talk:

Share, learn, and laugh with fellow father figures.

Relocation Readiness

Global Connections:

Join us on the 3rd Wednesday of every month for this fun, community-building event! From activities and crafts to practical life skills, try something new and build lasting connections!

Life Here 101:

Join us for an introduction to USAG Wiesbaden, available for all incoming Family Members, Soldiers, and Civilians to learn about the resources and community partners available at your new duty station. Hear directly from subject matter experts from TRICARE, the VAT Office, Parent Central Services, and more!

Shop Like a Local:

Discover the ins and outs of shopping locally in Germany! Explore downtown Wiesbaden with an experienced guide to learn about weekly markets, unique regional products, and local shopping customs

Sponsorship Training:

Learn how to become a spouse sponsor, civilian sponsor, or an active duty sponsor, training also available by appointment.

Host Nation Orientation:

Every Monday, we provide an opportunity for all Soldiers, Family Members, and Civilians to get to know our Host Nation. This session features an orientation brief followed by an optional guided walking tour of downtown Wiesbaden. Learn about public transportation systems, cultural differences, must-see local areas, and more!

Wiesbaden Christmas Market Walking Tour:

Join our local guide for our monthly regional walking tour! Discover new places, try new foods, and learn about the rich history and culture of Germany!

B.O.S.S. Limburg Walking Tour:

Calling all single Soldiers! Join us for our monthly collaboration tour with B.O.S.S. This is a great opportunity to enjoy new experiences with your fellow single Soldiers!