

VIRTUAL 5K JINGLE BELL JOG presented by Andrews Federal Credit Union  
REGISTRATION AND PHOTO/VIDEO RELEASE

This event is open to all USAG Wiesbaden community members with a valid DOD ID. The first 50 registrants will receive an event T-shirt. Participants will complete a 5k run or walk on any day from Dec. 11-18 and upon completion take a selfie with proof of time or fitness tracker. **The deadline to post results under a designated MWR FB post is 5 p.m. on Dec. 18.**

All participants who completed and posted their results will be entered into a drawing for hams, gift cards and gift baskets.

Participant name: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Preferred T-Shirt Size: \_\_\_\_\_

\*MWR has a limited amount of shirts in the following sizes: Adult S, M, L, and XL

Shirts will be assigned in order of receipt of registration.

Assumption of Risk and Release from Liability Agreement: I understand that participation in the Turkey trot 10k virtual fun run is entirely voluntary and involves physical exertion and the risk of consequential injury and I realize that any sport activity involves some element of risk, which I agree to assume. I will conduct myself in a safe and prudent manner while participating in this event. Moreover, I am fully informed or otherwise aware of, and fully assume, all risks to person or property in connection with my participation in the Turkey trot 10k (including, but not limited to damage and loss of property, bodily injuries, medical treatment and death). Parents are responsible for their children at all times.

I HAVE READ AND UNDERSTAND THE ABOVE PROVISIONS AND AGREE TO THE TERMS FOR PARTICIPATION, AS INDICATED BY MY SIGNATURE BELOW.

Participant signature: \_\_\_\_\_ Date \_\_\_\_\_

Photo Release Consent:

I, \_\_\_\_\_ grant permission to release photographs of myself to the United States Army Garrison Wiesbaden FMWR Marketing Department and Public Affairs Office for their use in any media outlet under the control of USAG Wiesbaden, to include AFN. I understand that all photographs of me are taken for educational purposes, program promotion and community growth. I waive the right to inspect or approve the finished product. I also understand that pictures of me will not be used in ways that are harmful or detrimental to United States Army or to any element of USAG Wiesbaden.

Participant signature: \_\_\_\_\_

Email completed form to: [usarmy.wiesbaden.id-europe.list.mwr-fitness-center@mail.mil](mailto:usarmy.wiesbaden.id-europe.list.mwr-fitness-center@mail.mil)

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FOR Office USE ONLY

Date/Time Received: \_\_\_\_\_ Shirt Size \_\_\_\_\_