



NEW PARENT SUPPORT

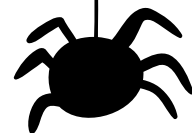
October 2026 Newsletter



October is Domestic Violence Awareness Month.

If you or someone you know needs support, 24/7 call the National Domestic Violence Hotline at 1-800-799-SAFE (7233) or

Wiesbaden Domestic Violence Hotline: 0162-297-5625



CALENDAR HIGHLIGHTS

Birthing Abroad

- Learn about what to expect when giving birth in Germany
- Taught by a local nurse, Lori Dieterle, BSN, IBCLC, CBE
- October 7 @ 5:00-7:00pm @ ACS Building
- *Registration required*
- *Please note, this class won't be offered again until February*

Halloween Costume Party

- Dress up, take pictures, make crafts, and participate in a parade around ACS to collect treats
- October 29 @ ACS Building
- *Registration required* - please see attached flyer for more details and to register



CONTACT US!

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Call ACS @ 0611-143-548-9201 or
0611-143-548-9202

HOME VISITS

We are also available for one-on-one Home Visits, where you can talk with a professional about any questions you have about parenting your young children in the comfort of your own home.

All DoW ID card holders are eligible for our services.

Do you have older children? Is your child aging out of our program?

Contact Family Advocacy at 0611-143-548-9201 or scan the QR code to connect.



NEW PARENT SUPPORT PROGRAM

OCTOBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 *Registration Required for all classes - Call ACS @ 0611-143-548-9201 or scan QR code for more information and registration				1	2	3
4	5	6	7 Newborn Network 1300-1400 Birthing Abroad* 1700-1900	8	9	10
11	12 	13 Mommy Daddy 101* 0900-1200	14 Toddler Play Morning 1000-1100	15	16	17
18	19	20	21	22	23	24
25  Daylight Savings Ends	26	27	28	29 Halloween Costume Party* 1000-1045 OR 1100-1145	30	31 



EFMP&ME
Your Partner in Educational Family Support

PLEASE JOIN EFMP AND NPSP FOR A

HALLOWEEN COSTUME PARTY

Thursday, October 29, 2026

@ ACS, Mississippi Str 22, Hainerberg

Ages 0-3 years **ONLY** : 10 - 1045 a.m.

All Ages : 11 - 1145 a.m.

School Age **ONLY** : 12 - 1245 p.m.



Scan QR code to register or
call ACS at 0611-143-548-9201/02