

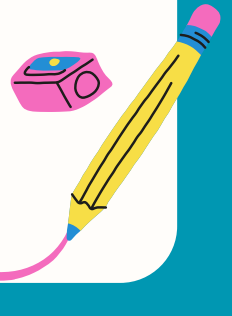
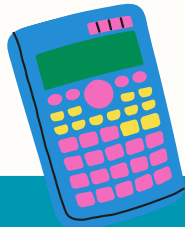


U.S. ARMY



New Parent Support Newsletter

September 2026



Parenting Tips

How to improve communication with your young child:

- Talk to them constantly by narrating your day
- Read books and sing songs together
- Name the objects they point to

Contact Us!

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Call ACS @ 0611-143-548-9201



Calendar Highlights

Pelvic Floor Dysfunction Presentation

- Led by Dr. Victoria Marie Nunez, PT, DPT, PRPC, CERT DIN
- **Tuesday, September 1 @ 1700-1800 in the ACS Building**
- *Registration Required*

Toddler Play Morning

- As the weather cools down we are back in the ACS building for playgroup
- Join us for music time, free play, and toddler fun!
- Reminder- no food or drink in the room and keep an eye on our little friends!



Home Visits

We are also available for one-on-one Home Visits, where you can talk with a professional about any questions you have about parenting your young children in the comfort of your own home.

All DoW ID card holders are eligible for our services.

Do you have older children? Is your child aging out of our program?

Contact **Family Advocacy** at **0611-143-548-9201** or scan the QR code to connect.

