



What's your love language?

Let's find out!



3 February 10 am-11 am

MS TEAMS

Call 0611-143-548-9201 to sign up



Join us for a conversation about the role money has in our relationships and how to have the "money talk"

Wed, 10 February, 1130-1300

Call 0611-143-548-9201 to sign up



Army Community Service

We are here for you by phone 0611-143-548-9201/9202 | (DSN) 548-9201/9202
wiesbaden.armymwr.com & facebook.com/wiesbadenarmymwr

Welcome to your new Home!
Let us be a part of your transition

ACS SPOUSE ORIENTATION

Now virtual!
on MS Teams

Be in the Know —

17 Feb, 0900-1300

SERVICES • OPPORTUNITIES • OUTREACH



ARMY COMMUNITY SERVICE
ACS
Enabling Leaders to Succeed Every Day

BECOME A SPOUSE SPONSOR

SPOUSE SPONSORSHIP PROGRAM

ANSWER QUESTIONS AND BE A RESOURCE
WELCOME INCOMING SPOUSES TO THE COMMUNITY
SHARE YOUR EXPERIENCES

We provide training for YOU! Please call the Spouse Sponsorship Coordinator at ACS to register.

Hainenberg, Bldg. 7780 | 0611-143-548-9201/9202 | (DSN) 548-9201/9202
www.usa.army.mil/acs | www.army.mil/acs | www.army.mil/acs

Foreign-Born Spouses' Virtual Meetup

Join ACS on 10 February at
11:30 to 2 p.m.

Connect via MS Teams with other Spouses and participate in a discussion about heart health. Learn the importance of heart health and how to improve yours.



Treffpunkt

The Foreign-Born Spouses Meetup

Every 2nd Wednesday of the Month | 11:30 a.m. - 2 p.m. | Hainenberg, Bldg. 7780, Apt. 4

Hainenberg, Bldg. 7780 | 0611-143-548-9201/9202 | (DSN) 548-9201/9202
www.usa.army.mil/acs | www.army.mil/acs | www.army.mil/acs

All Army Community Service classes and meeting are free. Do you have a Soldier and Family Readiness Group or other group who would like to schedule a class just for them give us a call!
We are here for you 0611-143-548-9201/9202 | (DSN) 548-9201/9202

25 Feb 2021
1:30-2:30 p.m.

Coffee
&
Chaos



EFMP Family Support

Networking Meeting for Exceptional Parents on MS Teams

For access code email:
maritza.marin.ctr@mail.mil

Learn information about resources and advocacy • Discuss with other parents the joys & challenges of raising an exceptional child

For information call ACS EFMP 0611-143-548-9201
POC: Maritza Marin, LMSW

Financially Secure, Mission Ready

Date	Time	Financial Touchpoint Training on MS Teams
02/02/2021	0900-1030	Credit, Debt Management and Major Purchases (mandatory for Soldier at their first duty station and any Soldier facing financial difficulties)
02/02/2021	1030-1200	Budgeting for Baby: Financial Planning for new Parents (mandatory for Soldiers/ Spouses expecting the first baby)
02/16/2021	0900-1030	Making the most of my TSP (mandatory for Soldiers Vesting in TSP after 2 years of service)
02/16/2021	1030-1200	Financial Planning, Investment Options and Tax Considerations (mandatory for Soldiers Entitled to Continuation Pay)
03/02/2021	0900-1030	Steps to Financial Planning, Saving and Investing (Mandatory for Soldiers up to E-5 and O-4 being promoted)
03/02/2021	1030-1200	Love and Money: Financial Education for Couples (mandatory for Soldiers getting married or in a new relationship)



Thrift Savings Plan

Online Training Events:

<https://www.tsp.gov/agency-service-reps/training/>

Intro to TSP: 1 & 24 Feb, 10:00 a.m. & 1:00 p.m. (EST), 11 Feb, 2:00 p.m. (EST)
TSP Investment Funds: 8, 18, 19 & 26 Feb, 10:00 a.m. (EST), 26 Feb, 1:00 p.m. (EST)
TSP to Retirement and Beyond Part I: 2, 10 & 22 Feb, 10:30 a.m. (EST)
TSP to Retirement and Beyond Part II: 2, 10 & 22 Feb, 1:00 p.m. (EST)
TSP Pre-Separation Training: 4 Feb, 8:00 a.m. (EST), 8, 17 & 23 Feb, 1:00 p.m. (EST)



HOW TO REQUEST AER ASSISTANCE DURING COVID-19 RESTRICTIONS

Soldiers and Families who have been exposed to COVID-19 and are restricted should follow the steps below to request AER assistance:

1. Inform Company Commander/First Sergeant of valid financial need
2. Electronically forward AER application and supporting documentation to unit COC
3. After the review, forward the necessary documents to the local AER section for evaluation

If you require additional guidance during non-business hours please contact an AER HQ caseworker through the Army Operations Center at 703-697-0218

AER HOME SCHOOLING ASSISTANCE PROGRAM:

**ARMY
EMERGENCY
RELIEF**

Who: Eligible Soldiers with dependents in grades K thru 12th

What: Home schooling costs for specific school supplies required by the program

How: As a loan, grant or combination

Why: To minimize any additional financial hardship on Soldiers and Families who decide to homeschool their children during the pandemic



For AER Assistance please call the Wiesbaden AER Officer at 0611-143-548-9201 or DSN 548-9201. We can help you via email and EFT with Command approval.

FAMILY ADVOCACY • PARENTS CORNER

February is Teen Dating Violence Awareness Month

Terrific Toddlers Virtual Playgroup



**Thursdays, 10-11 a.m.
on the ACS Wiesbaden
Facebook page.** Join us for
songs, stories and craft time!

Mommy & Daddy 101 Newborn Care

Tue 2 Feb, 9 a.m.-12 p.m.
Our February 16th class is full

Labor & Delivery
Comfort Measures
Breast Feeding
Happiest Babe on the Block
Newborn Care

Preregistration is required
0611-143-458-9201



Daily Virtual ACS Meeting

Monday: What to know about money in Germany
Tuesday: Relocation, Host Nation & Spouse Sponsorship
Wednesday: Supporting new parents, exceptional families
& healthy relationships
Thursday: Volunteering and working in USAG Wiesbaden
Friday: It's all about being informed

Please visit us virtually between 10:30 and 11:30 am, Mo. to Fr. to hear a few
useful facts and ask as many questions as you have



Email usarmy.wiesbaden.id-europe.mbx.mwr-accs@mail.mil to receive the access code to join the meetings

IMPORTANT PHONE NUMBERS:

Domestic Violence Hotline
0162-297-5625

SHARP Hotline
0162-296-6741

DOD SAFE Helpline
0611-143-537-SAFE

MFLC Military & Family Life Counselors
0176-5594-8229 | 0170-591-4771

Financial Counselor
0151-2346-4196

ARMY EMERGENCY RELIEF

PCS ASSISTANCE



ARE YOU ABOUT TO PCS?

AER can help **Active Duty Soldiers, Active Guard and Reserve Soldiers**, and their **Families**, with zero-interest loans, grants, or a combination of both.

AER CAN HELP

AER can help with expenses **before, during, and after a PCS**, such as auto repair, rent deposit, temporary lodging, appliance repair, child care assistance, spouse relicensing, and more. Assistance for pet-boarding may be offered as an exception. **Talk to your nearest AER officer to learn more.**



VISIT ARMYEMERGENCYRELIEF.ORG
FOR MORE INFORMATION