

SKIES Unlimited

Schools of Knowledge, Inspiration, Exploration & Skills

PARENT CENTRAL SERVICES (PCS) – ENROLLMENT INFORMATION

1213 Clay Kaserne – Phone: (0611-143) 548 9356
 Hours: M, T, W, and F 0630-1600, TH 1300-1800
 usarmy.wiesbaden.id-europe.list.mwr-central-registration@army.mil

CYS SKIES - GENERAL INFORMATION

1215 Clay Kaserne - Phone: (0611-143)548-9363
 Hours: M-F 0800-1600
 usag-wi-dfmwr-skies@army.mil

2024/2025

TAE KWON DO

ACTIVITY #	CLASS	DAY(S)	DATES	AGES	TIME	PRICE/MONTH	LOCATION
954402-01	Beginners	M/W/F	Sept 4 – June	6-18	1700-1800	\$120	ACS BLDG. 7791
954402-02	Advanced	M/W/F	Sept 4 – June	6-18	1800-1900	\$120	ACS BLDG. 7791

GYMNASTICS

ACTIVITY #	CLASS	DAY(S)	DATES	AGES	TIME	PRICE/MONTH	LOCATION
954401-01	Beginner Gymnastics	TUE	Sept 3 – June	7-9	1530-1630	\$104	Clay Fitness Center
954401-02	Advanced Gymnastics	TUE	Sept 3 – June	10-12	1630-1730	\$104	Clay Fitness Center
954401-03	Beginner Gymnastics	WED	Sept 4 – June	7-9	1530-1630	\$104	Clay Fitness Center
954401-04	Advanced Gymnastics	WED	Sept 4 – June	10-12	1630-1730	\$104	Clay Fitness Center

DANCE

ACTIVITY #	CLASS	DAY(S)	DATES	AGES	TIME	PRICE/MONTH	LOCATION
954201-02	Fundamental Ballet	TUE	Sept 3 – June	5-6	1530-1630	\$70	PCS BLDG. 1213
954201-03	Ballet 3	TUE	Sept 3 – June	9+	1630-1730	\$70	PCS BLDG.1213
954201-04	Ballet 1	TUE	Sept 3 – June	6-8	1730-1830	\$70	PCS BLDG. 1213
954201-05	PS Ballet	WED	Sept 4 – June	3-4	1515-1600	\$55	PCS BLDG. 1213
954201-06	Ballet 2	WED	Sept 4 – June	7-9	1600-1700	\$70	PCS BLDG. 1213
954201-07	Fundamental Ballet	WED	Sept 4 – June	5-6	1700-1800	\$70	PCS BLDG. 1213
954201-08	PS Ballet	THUR	Sept 5 – June	3-4	1415-1500	\$55	ACS BLDG. 7791
954201-09	PS Ballet	THUR	Sept 5 – June	3-4	1500-1545	\$55	ACS BLDG. 7791
954201-12***	Lyrical Dance Lv 1	MON	Feb 3 – June	4-6	1630-1730	\$70	PCS BLDG 1213
954201-13***	Lyrical Dance Lv 2	MON	Feb 3- June	7-9	1730-1830	\$70	PCS BLDG 1213
954201-14***	Lyrical Dance Lv 3	MON	Feb 3-June	10+	1830-1930	\$70	PCS BLDG 1213
954202-01	Hip Hop	TUE	Sept 3 – June	6-10	1500-1600	\$70	ACS BLDG. 7791
954202-02	Hip Hop	TUE	Sept 3 – June	11-18	1600-1700	\$70	ACS BLDG. 7791
954202-03	Hip Hop	WED	Sept 4 – June	6-10	1545-1645	\$70	ACS BLDG. 7791
954202-04	Hip Hop	WED	Sept 9 – June	3-5	1500-1600	\$70	ACS BLDG. 7791

MUSIC

ACTIVITY #	CLASS	DAY(S)	DATES	AGES	TIME	PRICE/MONTH	LOCATION
954302-02	Piano with Diana	THUR	Sept 3 – June	5-18	1400-1700	\$120	ACS Bldg 7791
954303-01	Drums with Ingo	MON or TUE	Sept 3 – June	8-18	1500-1800	\$120	PCS Bldg 1213
954303-02	Piano with Ingo	MON or TUE	Sept 3 – June	8-18	1500-1800	\$120	PCS Bldg1213
954305-01	Piano with Monique	FRI	Sept 6 – June	5-18	1530-1800	\$120	PCS Bldg 1213

PLEASE READ ENTIRELY BEFORE ENROLLMENT

- **Music Lessons**

MONTHLY PRICE INCLUDES FOUR (4) LESSONS PER MONTH. EACH LESSON: 30 MINUTES

Enrollments for music classes are completed for the next month, to allow time for the instructor and parent to coordinate lesson, day, and time.

- **GENERAL INFORMATION**

- Children must be registered with Parent Central Services to enroll into and to continue to participate in the program.
- Classes are billed on the 25th of each outgoing month. Payment must be received in full by the 1st of the new month, for a child to participate.
- Fees are prorated throughout the year, so the charges remain the same each month. Please note that December is a shortened month, due to winter break but is billed the same as all other months.
- Classes are not scheduled for US federal holidays and will be canceled for all post closures.
- Delays and/or early releases, are up to the discretion of the instructor to cancel.
- Classes are subject to cancellation or combination with another class if the minimum enrollment (5) is not reached.
- Schedules are subject to change due to availability of instructors or availability of facilities.
- Parents are responsible for their children(s) transportation to activity locations and for supervision as required.
- Withdrawal forms must be received by the SKIES office on the last day of the month, to stop billing. No refunds will be given for withdrawal during a month (full month is payable).
- Parents must abide by garrison age policy regardless of the program their child is participating in.

****Lyrical dance Information:

Proposal for Lyrical Dance Class (Three Levels) - Robyn Osgood

Overview: This proposal outlines a structured lyrical dance program designed to inspire and develop young dancers through three progressive levels. Each level is tailored to the specific age group's developmental stage, combining technique, expression, and creativity. The classes will provide a nurturing environment where students can explore the artistry of lyrical dance while improving their physical skills and emotional expression.

Definition of Lyrical Dance: Lyrical dance is a style of dance that blends elements of ballet, jazz and contemporary, and is often characterized by its expressive and emotive movements, story telling, and musicality.

Level 1:

Introduce foundational elements of lyrical dance in a fun and engaging manner. Focus will be on musicality, basic movements, body awareness, and imaginative expression. Basic body coordination (stretching, balancing, and basic turns)

Exploration of emotions through music; Creative movement exercises; Introduction to simple choreography and musical timing

Teaching Approach: Age-appropriate music and storytelling will be used to help students connect their emotions with movement. The class will include playful warm-ups, fun games, and creative exercises to build confidence.

Level 2:

Build on the foundational skills learned in Level 1, focusing on technique, flexibility, and emotional expression. Students will begin to learn more complex choreography and develop their understanding of musicality and storytelling through dance.

Basic lyrical technique (turns, leaps, and floor work); Flexibility and strength exercises; Understanding transitions between movements; More intricate choreography with expressive elements.

This level will introduce age-appropriate lyrical pieces with a stronger focus on form, technique, and control. There will be a balance between structured movement and the freedom to explore personal interpretation of music.

Level 3:

Develop advanced lyrical techniques, focusing on strength, control, and a deeper emotional connection to music. Students will work on perfecting their technique while being challenged with more complex choreography.

Advanced turns, jumps, and leaps; Focus on dynamics and fluidity of movements; Emotional storytelling and stage presence; Combination of technique and artistry

Level 3 students will engage in more rigorous training to refine their technique and develop their unique artistic style. They will be introduced to complex choreography, more challenging music, and the use of improvisation to encourage self-expression. The lyrical dance program will enhance flexibility, strength, balance, and overall body coordination, which is essential for young dancers. Lyrical dance is rooted in emotion, allowing students to connect their movements with feelings. This will help build confidence and encourage self-expression through dance.

Each level encourages students to interpret music in their unique way, fostering creativity from an early age and encouraging artistic freedom as they advance.

By organizing the program into three levels, students will progress at a pace appropriate for their developmental stage, allowing them to build on foundational skills before advancing to more complex techniques. End-of-Year Recital/Showcase: At the end of the program, the students can perform in a recital or showcase, demonstrating the skills and choreography they've learned throughout the year. This event will allow students to celebrate their progress, build stage confidence, and perform in front of an audience.