



July



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Follow us on Facebook!



1

Shop Like A Local
1000-1500

Newborn Network
1300-1400

2

Spouse Sponsorship Training
1300-1430

3

Closed

6

Host Nation Orientation
0900-1600

7

8

Making the most of my TSP
0900-1000
Introduction to Investing
1000-1100
Civilian Sponsorship Training
1300-1430
VMIS Training
1400-1500

9

Unit Sponsorship Training
1300-1430

10

Host Nation Orientation
0900-1600

13

Host Nation Orientation
0900-1600
Dad Talk
1800-1900

14

Life Here 101
0900-1400

SFRG Essentials Training
0830-1030

SFRG Care Team Training
1330-1530

Mommy Daddy 101
0900-1200

15

Play In The Playground
1000-1100
(WSC Pavillion, Hainerberg)
Newborn Network
1300-1400
Global Connections
1100-1400
Shop Like A Local
1000-1500

16

Stroller Walk
(Hainerberg)
1000@ Lodge

Spouse Sponsorship Training
1300-1430

Family Game Night
1730-1930

Summer Fun Day
1400-1500

17

Host Nation Orientation
0900-1600

OPOC Training
1000-1100

Mommy Daddy 102
1000-1130

20

Host Nation Orientation
0900-1600

21

22

Frankfurt Walking Tour
0900-1700
Civilian Sponsorship Training
1300-1430
Career Planning & Successful
Job Hunting 1130-1300

23

Unit Sponsorship Training
1300-1430

24

Host Nation Orientation
0900-1600



ACS 61st Birthday
1300-1500

27

Host Nation Orientation
0900-1600

28

Life Here 101
0900-1400

Fair Play Equitable Parenting
Class
1700-1815

29

Play In The Playground
1000-1100
(WSC Pavillion, Hainerberg)
Newborn Network
1300-1400

30



31

Host Nation Orientation
0900-1600

OPOC Training
1000-1100



EVENT HIGHLIGHTS

ALL CLASSES AND EVENTS REQUIRE PRE-REGISTRATION.

To register or for more information please call

Army Community Services (ACS)

CIV: 0611 143 548 9201/02 DSN: 314 548 9201/02

Mobilization & Deployment

MobDep services are impacted until November 2026 due to staffing. Please contact ACS to be connected with options for SFRG training and MobDep assistance.

Financial Readiness

Home Buying & VA Mortgage:

Don't rush a major purchase. Take time to plan, compare options, and research products and suppliers to make the best choice for your situation.

Car Buying the Smart Way: Learn essential steps to take before a vehicle purchase, determine affordability, payment, risks of negative equity, negotiating tips, and more.

Employment Readiness

Career Planning & Successful Job Hunting:

Learn how to set yourself up for career success, how to plan for a new job, and tips for job hunting in today's career landscape.

Army Volunteer Corps

OPOC Training:

New organization POC please make sure to contact us for training

VMIS Training:

Come learn how to use the volunteer management information system

Family Advocacy/New Parent Support

Dad Talk:

Share, learn, and laugh with fellow father figures.

Mommy Daddy 102:

Invites parents of newly (or soon to be!) one-year-olds to bring their new toddler to learn more about what developmental milestones and safety concerns to expect. Interactive topics to be discussed include: car seat safety, toddler proofing your home and kitchen safety, choking hazards, water safety, pet safety, and new skills.

Newborn Network:

Come meet other new parents in a safe space for you and other infants to explore the world together.

Play in the Playground:

Join us for music, free play, and parenting tips

Mommy Daddy 101:

Discuss basic newborn care for new parents

Stroller Walking Tour:

Come out and meet other parents while we take a tour of Hainerberg with your little ones! (Weather dependent)

Fair Play Equitable Parenting Class:

A class to help couples balance household responsibilities and share the mental load.

EFMP

Summer Fun Day:

Join EFMP for some summer fun; waterplay, games and music.

Relocation Readiness

Global Connections/Hearts Apart:

A meet-up for spouses that are new to Germany. Support for spouses dealing with TDYs or deployments.

Life Here 101:

A one-stop orientation designed to help service members, spouses, civilians and contractors navigate life in our community. We will connect you with different Garrison resources that will help support you and your family.

Shop Like a Local:

Learn where and how to shop on the economy

Sponsorship Training:

Learn how to become a spouse sponsor, civilian sponsor, or an active duty sponsor, training also available by appointment.

Host Nation Orientation:

Join us for an introduction class to Germany followed by a walking tour of downtown Wiesbaden. June/July/August offered every Monday and Friday.

Family Game Night:

Shake the cabin fever and come out to play! We'll bring the games, you bring the fun! Light snacks provided, feel free to bring dinner and stay a while!

Civilian Sponsorship Training:

Learn how to become a sponsor.