



MWR continues to offer mix of virtual and real-time opportunities to keep everyone safe during COVID-19

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Staying-safe-at-home has meant rethinking how Wiesbaden Family and MWR delivers programs and services to its patrons. With many facilities temporarily closed and public events cancelled for everyone's safety during the U.S. Army Garrison Wiesbaden COVID-19 response, MWR programmers have been working overtime to come up with quality virtual alternatives.

The result has been a host of online **links, contests, videos** and other **resources** — and some actual “real-time” events that community members are invited to browse, enjoy and participate in from the comfort of their homes.

The Wiesbaden Family and MWR home page and Facebook page are chockful of options for all ages. Every week programmers have been compiling a wealth of opportunities ranging from **online painting sessions** to **virtual yoga and meditation classes**. **Functional Fitness Boot Camp classes**, **Army Community Service programs**, the weekly **SLO in the Know** (School Liaison update), **Outdoor Recreation** features, **Amelia Earhart Playhouse** programs and lots more online options are all available on the MWR home and Facebook pages.

MWR's culinary facilities have also quickly transitioned to continue serving the local military community population. While

some facilities have temporarily closed during this time, the Bamboo Asian Res-



Visit the Inside With MWR page on wiesbaden.armymwr.com for the latest weekly videos, schedule, wellness tools and other virtual resources and links.

taurant, Wiesbaden Entertainment Center and Little Italy Catering Center have all rallied to offer **home delivery service**. Patrons can find the menus, opening hours and more information about each facility by clicking on the MWR Food Delivery Options link on the home page or under the Inside With MWR banner on the page.

A vast supply of **links, free classes, entertainment, wellness options, educational opportunities, religious support, mental health resources, virtual job training** and more is also available on the Inside With MWR page. Simply click on the link on the home page and scroll down to click on the drop-down menus packed with a plethora of free opportunities.

We also invite all Wiesbaden community members to share their stories, experiences, songs, art, recipes, pastimes, etc. through video. All appropriate submissions will be aggregated on the Wiesbaden Family and MWR YouTube channel and highlighted individually on Wiesbaden MWR Facebook.

We welcome all styles of visual storytelling. It can be a video essay, reading aloud from a personal journal, a performance, a poem, a cooking/gardening demo, a day in the life synopsis or anything else that

illustrates how individuals are coping with the COVID-19 response.

At conclusion, all submissions will be entered into a drawing for a \$500 MWR gift card. Visit <https://wiesbaden.armymwr.com/promos/wiesbaden-stay-home-chronicles> for submission details.

Two of Wiesbaden MWR's facilities have opened partially to provide vital services.

The **Automotive Skills Center** is open by appointment only for emergency repairs Monday through Friday from 10 a.m. to 5 p.m. Patrons should note that there is currently no bay rental available and the car wash is closed. To make an appointment call civ (0611) 143-548-9817. Payment is by card only.

The new **Wiesbaden Outdoor Recreation Center** on Clay North is also partially open to serve customers with equipment rentals and bike maintenance Monday to Friday from 10 a.m. to 4 p.m. To make an appointment call civ (0611) 143-548-9801.

Be sure to check the Wiesbaden Family MWR Facebook page (and other Family and MWR Facebook pages such as Outdoor Recreation, ACS, Amelia Earhart Playhouse, Arts and Crafts) for giveaways, contests, updated resources and more. Look for lots more virtual and actual Wiesbaden Family and MWR happenings in the coming weeks.

