Wiesbaden Family and Morale, Welfare and Recreation







Wiesbaden.ArmyMWR.com f/WiesbadenArmyMWR

April showers bring lots to do with MWR

Biggest Loser

The Wiesbaden Sports and Fitness Center holds Wiesbaden's Biggest Loser from April 6 to May 27, 2020. Sessions are Mondays and Wednesdays from 6:30-7:30 p.m. Change your life during this eightweek-long fitness program. Cost is \$219. Sign up at the fitness center.

Team With the Masters Rheinblick Golf Course holds an 18hole, two-person event on April 11 ing at 9 a.m. Scores from the Augusta Mas-

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gram or postponed due to COVID-19. Please Visit our Virtual #Inside. ters to ment will be combined with viscal page for a host of

The Wiesbaden Sports and Fitness Center hosts the Ninth Annual Andrews Federal Credit Union Freedom Run on April 18 starting at 9 a.m. The event will feature a 10-Miler. 5-Kilometer Run and a 1-Mile Children's Run. All of the runs are free.

Assault Awareness Month including the SHARP Amazing Race on April 2, Strike Out Sexual Assault Bowling on April 16, Denim Day on April 29 and Drive Out Sexual Assault Golf Scramble on April 24. Call Army Community Service at civ

> (0611) 143-548-9201 or visit wiesbaden.armymwr.com

Sessions are held from April to September. Youths can sign up for four sessions (\$50) or the full season (\$150). Call civ (0611) 143-548-5485 or stop by the Pro Shop for more information.

AFCU Freedom Run

Online programs, violeos, resources 11 a.m. to 3 p.m. at the Community Activity Center 1-1a Italy Resources taurant and Catering Center) on Clay Kaserne. Pick up information, goodies and lots more during the fair. Where's Rocket?

Come join in the weeklong celebration

