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Wiesbaden Family and Morale, Welfare and Recreation







# Try something new with MWR in March

### Dr. Seuss Birthday Bash

Celebrate Dr. Seuss's Birthday at the Wiesbaden Library on March 1 from 2-3:30 p.m. Enjoy stories, crafts and activities. Call civ (0611) 143-548-9821 for details.

### Guided Meditation

Reduce your stress level, control anxiety and enhance your self-awareness during the Wiesbaden Sports, Fitness and Outdoor Recreation Center's Guided Meditation Class on March 18 from 6-7:15 p.m. Cost is \$10. Sign up at the fitness center.

### Career Training

Wiesbaden's Employment Readiness Program hosts a "Career Training Lunchtime Series" on March 3 and 17 from 11:30 a.m. to 1 p.m. in Room 22, Building 7790, in Hainerberg Housing. Learn how to build your federal resume and to write a resume for the private sector. Reserve a space in the class by calling ACS at civ (0611) 143-548-9201.

#### Mainz Farmers Market

Visit the Mainz Farmers Market (by bus) with Army Community Service's Relocation Readiness Program on March 6. The tour is free, but bring Euros for public transportation and shopping. Registration opens two weeks before the tour — call civ (0611) 143-548-9201.

### 'Matilda the Musical'

The Amelia Earhart Playhouse presents "Matilda the Musical," a stage musical by Dennis Kelly and Tim Minchin based on



stand and change her destiny. Performances are March 13, 14, 20, 21, 27, 28, April 17 and 18 at 7:30 p.m.; March 15, 22, 28, 29, April 18 and 19 at 2 p.m. Purchase tickets



# Free golf at Rheinblick

The Rheinblick Golf Course offers free golf for U.S. ID cardholders during the Rheinblick's March Membership Drive. Rheinblick also offers free golf club rental for service members E5 and below during the March special. Throughout the month of March, new memberships purchased include a driving range key valued at \$31.50. All memberships include unlimited golf, USGA handicap service, tournament entry fee discount, coupon book and reciprocal agreements with other military golf courses. Stop by the Rheinblick, just above Frauenstein, and check out the course.

at the Plavhouse or Wiesbaden Arts and Crafts Center.

# Recreational shooting

Community members will have another opportunity for some time on the range March 14 from 10 a.m. to 3 p.m. Recreational shooting is held at the McCully Range in Wackernheim with firearms available for rent on site. Call Outdoor Recreation at civ (0611) 143-548-9801 or 9830 to register.

## St. Patrick's Day at the WEC

Celebrate St. Patrick's Day at the Wiesbaden Entertainment Center on March 17. Wear your green shirt, pants or lucky charm Irish hat and get 50 percent off of the regular bowling price from 11 a.m. to 5 p.m. Green beer will be served in the WEC Lounge.

### Ski/snowboard trips

Wiesbaden Outdoor Recreation offers a day trip to the Black Forest for skiing and snowboarding on March 7. Cost is \$99 for adults, \$79 for ages 5-12 and \$59 for ages

4 and below. A trip to Engelberg, Switzerland, is scheduled for March 28. Call civ (0611) 143-548-9830 or 9801 for details.

### Spouse Orientation

Spouses are invited to pick up information, get answers to their questions from garrison subject matter experts and to network with fellow spouses during the Spouse Orientation on March 18 from 9 a.m. to 1 p.m. at the Army Community Service Cafeteria. Free child care is available if arranged a week in advance. Call civ (0611) 143-548-9201.

# A Day with Frau Irmgard

Join a free walking tour on March 19 with a local expert who will share insights on shopping, getting around on public transpor-

tation and about the local culture. Bring Euros for public transportation, shopping and dining. Register, starting two weeks before the tour



date, with Army Community Service at civ (0611) 143-548-9201.

# **Library Story Time**

The Wiesbaden Library holds Baby Story Time (for children up to age 3) on March 25 from 10-10:30 a.m. Preschool Story Time (for children up to age 5) is held every Thursday from 10-11 a.m. Call civ (0611) 143-548-9821 for more information.