



CMA Songwriters Series

Army Entertainment and MWR present the Country Music Association Songwriters Series live at the Vault Club and Casino on Oct. 14 at 7 p.m. Enjoy four songwriters — direct from Nashville — performing their songs and telling the stories behind the songs. Featured artists include Ashley Campbell, Chris DeStefano, Drake White and Charlie Worsham. The event is free.

NFL London trip

Join Wiesbaden Outdoor Recreation for a trip to London Oct. 19-22, including a live NFL football game featuring the Tennessee Titans Versus the Los Angeles Chargers. Cost is \$589 per adult, \$439 for children up to age 11. Register at the Wiesbaden Sports, Fitness and Outdoor Recreation Center or call civ (0611) 143-548-9830.

Zombie Run

Put on your spookiest costume and join the fun at the annual Zombie Run on Oct. 27 starting at 9 a.m. The five-kilometer walk/run will start at the Wiesbaden Sports, Fitness and Outdoor Recreation Center. Call civ (0611) 143-548-9830 for more information.

Take Back the Night

A Take Back the Night Walk/Run will be held Oct. 11, starting at 6 p.m., at the Wiesbaden Sports, Fitness and Outdoor Recreation Center in support of Domestic Violence Prevention Month. Register at <https://www.eventbrite.com/e/take-back-the-night-road-run-tickets-49143851583>.

Boot Camp Basic

Boot Camp Basic offers participants the necessary foundation to build their bodies with strength conditioning, mobility and the tools to tackle future strenuous boot camp fitness classes offered by the Wiesbaden Fitness Facility. Training sessions are three weeks long, semi-strenuous and involve training that will be held in an outside/in-door environment for 60 minutes at a time. Training days are Mondays and Wednesdays

from 8-9 a.m. and 5-6 p.m. starting Oct. 1. Participants



Photos by Karl Weisel

Fall Bazaar

Shoppers can get a head start on their holiday shopping during the annual Fall Bazaar Oct. 26-28 at the Wiesbaden Sports, Fitness and Outdoor Recreation Center. Shop for tax-free international goods ranging from furniture to pottery, carpets to wine. Hours are noon to 7 p.m. Friday, 10 a.m. to 7 p.m. Saturday and 10 a.m. to 5 p.m. on Sunday.



must meet with a trainer on Sept. 28 for a fitness assessment. Cost is \$80 per person. Call civ (0611) 143-548-9830.

Haunted House

Celebrate Halloween by visiting the Amelia Earhart Playhouse's Haunted House. Visitors will be led by Hansel, Gretel and other Grimm's Fairy Tale characters through the Haunted Forest. Follow the trail if you dare. Hosted by the staff and volunteers of the Amelia Earhart Playhouse, the Haunted House will be held in the former shopping center in Lower Hainerberg on Oct. 25, 26, 27, 28 and 31 from 6-9:30 p.m. A Children's Hour will be featured from 6-7 p.m. (no children under age 3 are permitted).

Halloween Costume Party

The Wiesbaden Entertainment Center invites patrons to wear their favorite Halloween costume for an evening of bowling and a Halloween Costume Party on Oct. 27

starting at 8 p.m. Bowl in costume and get free shoe rental. Children in costumes get two free games of bowling. A best costume contest will be held at 11 p.m. Call civ (0611) 143-548-9404 for more information.

WOD of the Living Dead


Dress up in your favorite Halloween garb for this Workout of the Day on Oct. 31 from 6-8 p.m. at the Wiesbaden Sports, Fitness and Outdoor Recreation Center. This functional fitness event will include a Chipper Workout — four or more functional fitness movements lasting 40 minutes (to be revealed the evening of the event). The top three individuals will be awarded an MWR giveaway for the best costume. Call civ (0611) 143-548-9801 for details.

Self-Defense Classes

Introductory and advanced self-defense classes will be held at the Wiesbaden Sports,

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MWR GO

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OCTOBER DOMESTIC VIOLENCE AWARENESS MONTH

Sept. 24 **Date Your Spouse Night**

Register at <https://www.eventbrite.com/e/date-your-spouse-tickets-49144902727>.

Oct. 11 **Take Back The Night - 1K/5K/10K Run**

Register at <https://www.eventbrite.com/e/take-back-the-night-road-run-tickets-49143851583>.

Every Friday **Wear Purple Fridays**

Help raise awareness of domestic violence with a show of purple!



Army Community Service

Hainerberg, Bldg. 7790 | 0611-143-548-9201/9202 | (DSN) 548-9201/9202
wiesbaden.armymwr.com & facebook.com/wiesbadenarmymwr



8 A.M. - 5 P.M.
MONDAY - FRIDAY

RELOCATION READINESS

LENDING CLOSET

Free to DoD ID card holders. Available to all incoming and outgoing Service Members, Civilians and their Family Members (while waiting for household goods to arrive).

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30-day loan of essential items (extensions possible)

15-day loan for mobile phones & GPS devices

Kitchen kits (including pots & pans)

Kids items (including high chairs, pack 'n' plays, booster seats)




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October 2018

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Wiesbaden Family
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SELF DEFENSE

Introductory & Advanced Courses

OCT. 6 & 13
10 A.M. - 2 P.M.

\$20 per person / \$35 per couple



Wiesbaden Sports, Fitness & Outdoor Recreation Center
Clay Kaserne, Bldg. 1631 | 0611-143-548-9830 | 548-9830
wiesbaden.armymwr.com & facebook.com/wiesbadenarmymwr



FOR HELP WITH
ACCESSIBILITY, CONTACT
THE ACS EFMP AT
0611-143-548-9201

ACS SPOUSE ORIENTATION

— *Be in the Know* —

June 20 • July 18 • Aug. 15 • Sept. 19 • Oct. 17 • Nov. 21 • Dec. 19
9 a.m. to 1 p.m. • Bldg. 7790 • Hainerberg Housing

FREE CHILDCARE - Must register one week in advance.




0611-143-548-9201/9202 | (DSN) 548-9201/9202
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Plating
PLAQUES TROPHIES
Crests **ORNAMENTS**
AWARDS *Engraving* **MUGS**
DECORATIONS



Let Arts & Crafts handle your creative visions
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Arts & Crafts Center

Clay Kaserne, Bldg. 1214 | 0611-143-548-9838 | 548-9838
wiesbaden.armymwr.com & facebook.com/wiesbadenarmymwr



OCT. 1 - 19

BOOT CAMP

BASIC

\$80 per person / Every Monday & Wednesday at 5:30 a.m., 8 a.m. & 5 p.m.




Wiesbaden Sports, Fitness & Outdoor Recreation Center
Clay Kaserne, Bldg. 1631 | 0611-143-548-9830 | 548-9830
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October 2018

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American Girl DOLL SOCIAL

Every 3rd Saturday • Sept. through May

10 a.m. - Noon • Ages 6+



Wiesbaden Library

Clay Kaserne, Bldg. 1029 | 0611-143-548-9821 | 548-9821
wiesbaden.armymwr.com & facebook.com/wiesbadenarmymwr



HEY PARENTS!

No mess, no fuss - leave the hosting to us!

The WEC is here to help you host your birthday parties with several different party packages to suit your needs. Let us help you plan. ***Book now!***



WIESBADEN ENTERTAINMENT CENTER

Wiesbaden.ArmyMWR.com
Wiesbaden Family and MWR 

0611-143-548-9406 / 548-9406



MWR GO

Wiesbaden.ArmyMWR.com [f/WiesbadenArmyMWR](https://www.facebook.com/WiesbadenArmyMWR)

Wiesbaden Family
and Morale, Welfare
and Recreation



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Fitness and Outdoor Recreation Center on Oct. 6 and 13 from 10 a.m. to 2 p.m. The classes will be taught by Bob and Alicia Karnes, head instructors of the Golden Sage Martial Arts at the fitness center. Cost is \$20 per individual or \$35 per couple. Sign up at the fitness center or call civ (0611) 143-548-9830.

Wear purple on Fridays

Help raise awareness about Domestic Violence Prevention by wearing purple on Fridays in October to show your support.

CYS Winter Sports

Enroll through Nov. 16 for Child and Youth Services Winter Season Sports. The season will run from December to March with sports including basketball, cheer, wrestling, dodgeball and bowling. Register at Parent Central Services or call civ (0611) 143-548-9356.

One Act Play Festival

U.S. Army IMCOM-Europe Entertainment and the KMC Onstage in Kaiserslautern host the 2018 One Act Play Festival and Theater Skills Workshops on Oct. 5-7, 2018. Visit <https://global.armymwr.com/ArmyEuropeEntertainment/2018-one-act-play-festival-theatre-skills-workshops-1> for details.

Wiesbaden Walking Tour

Army Community Service will host a walking tour of Wiesbaden on Oct. 10 from 9 a.m. to 1 p.m. While the tour is free, participants are advised to bring Euros for public transportation, shopping and dining. Call civ (0611) 143-548-9201 to register.

Holiday Assistance Program

The Holiday Assistance Program assists military and civilian families, primarily the families of specialists and below, with actual needs during the holiday season. This includes a food voucher or gift certificates for Thanksgiving and Christmas for qualified families. Completed applications (available through chain of command and at ACS), signed by the commander or designated authority, must reach the U.S. Army Garrison Wiesbaden, Army Community Service, Building 7790, Hainerberg Housing, by 3:30 p.m. on Nov. 12 for Thanksgiving and Dec. 14 for Christmas. Call civ (0611) 143-548-9201.

Right Arm Night

The Vault Club and Casino hosts Right Arm Night on Oct. 19 starting at 6 p.m. with a darts tournament, complimentary food (chicken wings) and drink specials. Call civ (0611) 143-548-9410 for more information.

Martial arts classes

Learn self-defense techniques and more during ongoing Golden Sage Martial Arts Classes at the Wiesbaden Sports, Fitness and Outdoor Recreation Center. Classes are Saturdays from noon to 2 p.m. and cost \$8 per class. For more information visit www.bob-karnes-golden-sage.com or call the fitness center at civ (0611) 143-548-9830.



German language classes

Increase your language skills during Army Community Service's free German language classes Tuesdays from 7-8:30 p.m. Sign up at ACS or call civ (0611) 143-548-9201.

Spanish Language Story Time

Children up to age 6 are invited to enjoy stories, songs and more in Spanish during Spanish Language Story Time every second Tuesday of the month from 3:30-4:30 p.m. at the Wiesbaden Library.

Money Management class

Join this free Army Community Service class on Oct. 11 from 1-2:15 p.m. to learn how to stick to a budget and establish better spending habits. Call civ (0611) 143-548-9201.



Library Grand Re-Opening on Oct. 11

The Wiesbaden Library invites patrons to join the staff in celebrating the Grand Re-Opening of the facility on Oct. 11 at 4:30 p.m. Check out the before and after photos — and enjoy refreshments.